

Mark E. Hundley, M.Ed., LPC



*Awaken to Good Mourning*

Through the lens of his own tragedy, Mark walks readers through the challenges they'll face during the three phases of grief. *Awaken to Good Mourning* is essential and sanity-saving reading for anyone grieving the loss of a loved one.

**-Susan Heim**

Author of *Chicken Soup for the Soul: Twins and More*

Mark Hundley's remarkable book provides what is most needed—principles, guidance, support, and unique resources—enabling one to turn the lead of grief into the gold of a rich, new life.

**-Mia Rose, M. Ed (Psych), Ed. D.**

Psychologist and Author, Queensland, Australia

### *Rebuild Your Life*

*Awaken to Good Mourning* is the essential guide for anyone struggling through one of life's most difficult trials—coping with the death of a loved one.

The courage required to make it through such an intensely personal journey can be found within the pages of this book. With wisdom and guidance, borne of his own experience with heartwrenching grief, Mark Hundley has created a life-saving road map designed to show readers how to deal with grief in dynamic ways.

By using these effective strategies for grief reconciliation, you can learn how to rebuild your life.

Mark E. Hundley, M.Ed., LPC

# *Awaken to Good Mourning*

**Second Edition**

\$15.95 FAMILY & RELATIONSHIPS / Death, Grief

ISBN 978-1-933651-53-8

5 1 5 9 5



9 781933 651538

[www.website.com](http://www.website.com)

ISBN: 978-1-933651-53-8



Foreword by Ronnie Dunn